Human Services Community Resource Guide

Directory of Services in the Gilbert Area

Fall 2020





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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who are in need of services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken on the basis of the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It's our goal to provide current and accurate information; however businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, click here.

Date Revised: 9/21/2020



Heritage Resource Center-Gilbert

132 W Bruce Ave, Gilbert 85233 480-428-5446

gilbertaz.gov/residents/community-andneighborhood-services/communityresources/heritage-center

AZCEND

CAP office- Emergency financial assistance for utilities and eviction prevention.

Family Resource Center- free parenting education workshops, interactive family play opportunities, story time for families with children 0-5.

480-428-5446

azcend.org

Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Mommy Fit Classes, Keeping Kids Safe programs, Healthier Living Self-Management

Children's Dental 480-292-8728 Hearing & Vision 480-728-5602

Immunization Clinic 480-728-3777 (children)

480-728-2004 (adults)

Workshops 480-728-2376

<u>dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach</u>

Southwest Behavioral & Health Services

Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach.

480-695-8198

www.sbhservices.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

<u>maricopa.gov/1491/Women-Infants-Children-WIC</u>

Abuse, Adult & Children

9-1-1

Adult Protective Services

Services to protect adults from abuse, neglect or exploitation.

1-877-767-2385

azdes.gov/daas/aps

Arizona Department of Child Safety

Report suspected child abuse, neglect, exploitation or abandonment

1-888-767-2445

dcs.az.gov/

Winged Hope

Assistance with treatment of child abuse or domestic violence

480-757-7030

wingedhope.org

Adoption/Foster Care

Aid to Adoption of Special Kids

Connecting children in foster care to mentors, creates families through adoption and foster care **602-254-2275**

https://www.aask-az.org/

ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers

623-428-1592

asanow.org

Better Than Yesterday Foundation

Assist youth and young adults as they transition from foster care into adulthood

480-255-7176

betterthanyesterdayfoundation.com

Boost a Foster Family

Provides assistance to Arizona foster families and those seeking foster care licensure

480-298-5665

boostafosterfamily.org



Adoption/Foster Care

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

480-834-9424

childcrisisaz.org/

Eagle Pathway

Youth/single moms exiting foster care **480-225-6664**

eaglepathway.org/

Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800.944.7611

arizonaschildren.org/foster-adopt/

Foster Arizona

Connecting kids to foster families fosterarizona.org

Helen's Hope Chest

Clothes, personal hygiene items, school supplies, & baby items for children in foster care **480-834-2121**

mesaunitedway.org/helenshope/

Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families 480-313-8496

josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 ext. 2-1711

(480)-968-2995

https://providentliving.churchofjesuschrist.org/lds-family-services/adoption-resources?lang=eng

Alcohol and/or Drugs

ASAP - Adolescent Substance Abuse 602-434-0249

asapaz.com

Community Bridges

Crisis mobile teams, inpatient/outpatient opioid & mental health treatment

877-931-9142

https://communitybridgesaz.org/

Celebrate Recovery

Recovery ministry

480-632-8920

https://www.sunvalleycc.com/celebrate-recovery/

Chandler Valley Hope

Addiction treatment facility; residential & partial day levels of care

480-899-3335

valleyhope.org/locations/chandler-valley-hope/

Dynamic Living Counseling

Counseling, classes and treatment services **602-277-2112**

dynamicliving.net/

East Valley Addiction Recovery Center 480.962.7711

https://communitybridgesaz.org/

Gilbert Youth & Adult Resources

Comprehensive counseling program

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Hope for Addiction, Inc.

Weekly meetings, mentorship, transition support and practical tools

480-782-0403

myhopeforaddiction.com



Alcohol and/or Drugs

Pathways Program for Teens/ Young Adults

Rehab treatment center

877-921-4050

thepathwayprogram.com

Salvation Army Adult Rehabilitation Center

Residential recovery program

1-800-728-7825 | 602-256-4500

<u>salvationarmyphoenix.org/#!adult-rehabilitation-center/c1lgc</u>

Teen Challenge of Arizona

Faith-based solutions for youth, adults and families struggling with life controlling problems. **800-346-7859**

tcaz.org

Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement

HALO Animal Rescue

Adoptions and rescues

602-971-9222

halorescue.org

Arizona Humane Society

Rescue & adoptions

602-997-7585 x134

azhumane.org

Maricopa County Animal Care & Control

602-506-3011

maricopa.gov/pets

Injured Wildlife:

Arizona Covey (Quail) 602-996-1934

East Valley Wildlife

(Bird, including ducks; small mammals)

480-814-9339 or evwildlife@aol.com

eastvalleywildlife.org

Liberty Wildlife

(Birds, mammals, reptiles, amphibians)

480-998-5550

<u>libertywildlife.org/</u>

Southwest Wildlife

(Large Native Arizona mammals)

480-471-9109

southwestwildlife.org

Wild Wing Rescue

(Hummingbirds, Native and migratory songbirds)

480-893-6660

Benefits

Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage

602-417-7100 | Application 855-432-7587

<u>des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance</u>

Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled individuals afford health care

602-417-6600

altcs.com

DES Childcare Assistance

Financial aid for child care assistance

602-542-2526

des.az.gov/services/basic-needs/child-care-home

Medicare

Health care assistance for 65+

1-800-772-1213 | TTY 1-800-325-0778

ssa.gov/medicare/apply.html



Benefits

Nutrition Assistance

(formerly Food Stamp program)

Supports families to prevent under-nutrition **1-855-432-7587**

azdes.gov/nutrition_assistance

Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children 1-800-772-1213 | TTY 1-800-325-0778

socialsecurity.gov/disabilityssi/ssi.html

Social Security (retirement)

Retirement financial benefits

1-800-772-1213

ssa.gov/retirement/retirement.htm

Temporary Assistance for Needy Families (TANF)

Temporary cash assistance to meet basic needs 1-855-432-7587

des.az.gov/content/cash-assistance-overview

Women, Infants and Children (WIC)

Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5

1-800-252-5942

azdhs.gov/azwic

Child/Teen Services

Big Brothers Big Sisters

Mentoring program for 6-18

602-264-9254 | TTY 1-800-367-8939

bbbsaz.org

Boys Town National Crisis Hotline

Provide information, guidance, and expertise

800-448-3000

boystown.org

Chandler-Gilbert YMCA

Sports, childcare, community programs **480-899-9622**

https://valleyymca.org/chandler-gilbert/

Florence Crittenton Services of Arizona

Housing, outpatient & skills programs 602-274-7318 | TDD 602-288-4551

flocrit.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance **480-813-2020**

https://www.bgcaz.org/gilbert-branch/

HomeBase Youth Services – Homeless Youth

Housing program is open to individuals of all ethnicities with specialized communities for homeless youth.

602-263-7773

hbys.org

HandsOn Greater Phoenix

Coordinates volunteer opportunities

602-973-2212

handsonphoenix.org

Not My Kid

Education programs-substance abuse, bullying, internet safety and more

602-652-0163

notmykid.org

Teen Lifeline, Inc.

Suicide counseling

800-248-8336 | 602-248-8336 after 4 p.m.

teenlifeline.org/

Tumbleweed (24-hr crisis hotline)

Immediate aid for safety, shelter & food to homeless or at-risk youth

602-841-5799

tumbleweed.org

A New Leaf, Inc. Childcare Programs

After school programs

480-832-9268

turnanewleaf.org/services/youth-behavioral.html



Child Care/After School Care

Chandler School District - Child Care

Childcare for ages 0-5, Kids Express before and after school care for grades K-8

480-224-3900 | 480-224-3922

cusd80.com/Page/87257

Child Care Resources & Referral

Resource to find quality childcare near you **1-800-308-9000**

arizonachildcare.org

East Valley Jewish Community Center

Early learning center for all, school break camps, and preschool

480-897-0588

evicc.org

Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance **480-813-2020**

https://www.bgcaz.org/gilbert-branch/

Gilbert Public Schools -VIK

Before & after school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs **480-892-9089** x**100**

https://www.gilbertschools.net/domain/70

Gilbert Public Schools-ToyBox

Early education child care program for ages 3-5 480-373-5569

https://gilbertschools.ce.eleyo.com/

Higley School District - Kids Club

Before/After, summer & school break programs ages 3-12

480-279-7055

www.husd.org/domain/1854

Counseling Services

A New Leaf, Inc. Counseling Service Counseling center for children and youth 480-969-4024

turnanewleaf.org/services/youth-behavioral.html

Childhelp

For children affected by child abuse **480-922-8212**

childhelp.org

Family Service Agency Counseling

Out-patient behavioral health clinic

fsaphoenix.org/outpatient-services/

602-264-9891

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Jewish Family and Children's Services

Counseling & behavioral health services **602-279-7655**

ifcsaz.org

Valle Del Sol

Adult, youth and family counseling

602-258-6797

valledelsol.com

Domestic Violence & Sexual Abuse

A New Leaf/ Autumn House Domestic Violence Shelter

Refuge from abuse and violence

480-890-3039

turnanewleaf.org/services/domestic-

violence.html

AZ Coalition to End Sexual & Domestic Violence

Helpline, education, resourcing

602-279-2900 or 1-800-799-7233 | TTY 1-800-787-3224

acesdv.org



CeCe's Hope Center

Improving the lives and future of 18-24 year old female victims of sexual abuse by bridging the gap in available services and support

480-625-7044

www.cecescenter.org

Chrysalis Shelter

Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children. 602-944-4999

noabuse.org

Community Alliance Against Family Abuse (CAAFA)

Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy

480-982-0205

caafaaz.org

Domestic Violence Support/Shelter

Shelter search, answers to domestic violence questions

480-890-3039

domesticshelters.org

DOVES - 50+

Helps victims of late-life (ages 50+) domestic violence

602-264-2255 | TTY/TDD 602-241-6110

aaaphx.org/program-services/doves-program

Fresh Start Women's Resource Center Education, resources and support for women 602-252-8494

www.freshstartwomen.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Mesa Center Against Family Violence (ACFAN)

On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims; 480-644-4075

http://acfan.net/centers/mesa-center.htm

My Sister's Place-DV shelter

Domestic violence shelter

480-821-1024

<u>catholiccharitiesaz.org/phoenix/domestic-violence</u>

National Domestic Violence Hotline 800-799-7233 | TTY 1-800-787-3224 thehotline.org

Winged Hope

Assistance with treatment of domestic violence **480-757-7030**

Wingedhope.org

Woman Shelters

Listings of shelters, transitional housing, residential treatment centers and women's residential services.

womenshelters.org/sta/arizona

Drugs

See "Alcohol and/or Drugs" on p. 5

Eating Disorders

Healthy Futures-Scottsdale

Focuses on curing eating issues

480-451-8500

healthyfuturesaz.com

Ophelia's Place-Gilbert

Support and education for eating disorders **480-436-7683**

opheliasplace.org



Eating Disorders

Rosewood Ranch - Tempe

General counseling, nutrition, and psychiatric services for eating disorders

844-335-0872

rosewoodranch.com/locations/rosewood-tempe/

Education Resources-Adult & Youth

Arizona Department of Education

High quality educational opportunities to all 602-542-5393 | 1-800-352-4558 azed.gov/ece/

Arizona Kids Think Too

Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more 602-441-2443

https://azkidsthinktoo.org/

Arizona Literacy and Learning Center, Inc.

Help children and youth who have literacy/dyslexia and other language-based disorders

602-212-1089

mightycause.com/organization/Azliteracy

First Things First

Healthy development and learning of young children

602-771-5100 | 1-877-803-7234

azftf.gov/Pages/default.aspx

Fresh Start Women's Resource Center Education, resources and support for women

602-252-8494

freshstartwomen.org

Friendly House

Early Childhood Development Center, Adult Education, Workforce Development, Family Immigration Services, College & Career Readiness Program, Homecare for

Seniors/Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services 602-257-1870

www.friendlyhouse.org

GPS-Parent University

Parent University strives to empower families to raise children to be safe and successful in school and life. 480-497-3300

https://www.gilbertschools.net/parentuniversity

Healthy Families Arizona

Resources for families

https://dcs.az.gov/services/prevention-andfamily-support/healthy-families-arizona

Junior Achievement of Arizona

Money management skills 480-377-8500

jaaz.org

New Directions Institute for Early Childhood Brain Development

Provides parents and caregivers with training and tools for optimal development

602-371-1366

arizonaschildren.org/ndi

Southeast Regional Library

Storytime, baby time and more

602-652-3000

https://mcldaz.org/locations/southeast/

Perry Branch Library

Storytime, baby time and more

602-652-3000

https://mcldaz.org/locations/perry/

Southwest Human Development

Child development, early literacy, disability services

602-266-5976

swhd.org



Emergency/Crisis

9-1-1

Stop a crime! Report a fire! Save a Life!

Adult Protective Services 1-877-767-2385 | 602-542-4446

azdes.gov/daas/aps/

Child Crisis Center

Foster care and adoption services **480-834-9424**

childcrisis.org

Department of Child Safety 1-888-767-2445 | TDD 602-530-1831 dcs.az.gov/

Gilbert Police Non-Emergency 480-503-6500

gilbertaz.gov/police

Maricopa CRISIS Line 602-222-9444 crisisnetwork.org

Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse **480-371-3381**

starbrightfoundation.org

Urgent Psychiatric Care (UPC)

Adult only 24 hr emergency/crisis psychiatric care **602-416-7600**

connectionsarizona.com

Employment Services

Allied Forces-Temp Services

Match job seekers with the right client company that fit their skillset & experience.

855-423-8367

https://www.alliedforces.com/

Arizona Women's Education & Employment

Connect clients with better jobs **602-601-7200**

awee.org

Fresh Start Women's Resource Center

Education, resources and support for women **602-252-8494**

freshstartwomen.org

Goodwill Career Center

Career services free of charge to help you land a job

602-535-4444

https://www.goodwillaz.org/employmentservices/

Maricopa Workforce Connections – Gilbert

Job placement, skills assessments, job training, career counseling and resume development. **602-372-9700 | 602-506-5911**

https://arizonaatwork.com/locations/maricopacounty/adult-job-seekers

St. Joseph the Worker

Assist homeless, low-income and other disadvantaged individuals in their efforts to become self-sufficient through quality employment.

844-SJW-JOBS | 844-759-4627

https://www.sjwjobs.org/

Food/Clothing

AZCEND

Emergency & supplemental food boxes 480-963-1423

azcend.org/food-bank/

Clothes Cabin

Clothes, steel toed work boots, laundry service for the homeless

480-285-4111

clothescabin.org



Food/Clothing

Fans Across America

Assists in providing daily living necessities for homeless students, families in transition, victims and children of domestic violence.

480-821-3013

https://fansacrossamerica.org/

Friendly House

Food boxes, hygiene boxes **602-257-1870**

friendlyhouse.org/programs/family-services/

Gilbert Senior Center Meals

On-site daily lunch program **480-503-6061**

https://www.gilbertaz.gov/departments/parksand-recreation/recreation-centersclasses/gilbert-community-center/seniors

Matthew's Crossing Food Bank

Emergency and supplemental food boxes 480-857-2296

matthewscrossing.org

Open Arms Care Center

Supplemental food & clothing

480-539-0175

openarmscc.com

Paz de Cristo

Diapers & hygiene products, clothing, and clothing vouchers

480-464-2370

pazdecristo.org/

Salvation Army - Chandler Corp

Food pantry and meal program

480-963-2041

salvationarmyusa.org

St. Anne's Friends of the Needy

Food, clothing toys, household appliances **480-507-4400**

<u>stanneaz.org/connect/ministries/outreach/frien</u>ds-of-the-needy

St. Mary's Food Bank Alliance

Food distribution warehouse to agency partners **602-242-3663**

firstfoodbank.org

St. Vincent de Paul

Dining rooms, clothing distribution **602-261-6886** | **602-266-4673**

stvincentdepaul.net

United Food Bank

Food distribution warehouse to agency partners **480-926-4897**

unitedfoodbank.org

Vineyard Community Church

Clothing and food boxes

480-892-5828

vineyardaz.com

Functional/Special Needs

Arizona Autism United (AZA United)

Services for children with autism and their families

602-773-5773

azaunited.org

AZ Center for the Blind & Visually Impaired

Promoting resourcefulness, independence, dignity and employability

602-273-7411

www.acbvi.org

AZ Commission for the Deaf & Hard of Hearing

Referral center for issues related to people with hearing loss

TTY 800-352-8161 | Voice 602-542-3323 acdhh.org



Functional/Special Needs

AZ Dept. Economic Security – Services for Blind, Visually Impaired and Deaf

Assist individuals to achieve employment

https://des.az.gov/services/employment/arizona-rehabilitation-services

Arizona Governor's Council on Spinal and Head Injuries

Resources and information

602-774-9148

azheadspine.org

Arizona Relay Service 7-1-1

Assists in connecting deaf, hard of hearing, deafblind or have difficulty speaking to whom they need to reach

602-542-3323

TTY 1-800-367-8939 | Voice 1-800-842-4681

azrelay.org

Autism Society of Greater Phoenix

Mentoring, support groups, advocacy

480-940-1093

phxautism.org/

Autism Speaks

Resources for programs and services

888-288-4762

https://www.autismspeaks.org/

A Brighter Avenue

Therapies, early autism programs, in home services

480-474-4173

abrighteravenue.org

AZ HBS- Home Based Services

Habilitation, respite and attendant care **480-351-9479**

Azhbs.com

Brain Injury Alliance

Support, connect, and empower survivors and caregivers on their journeys to recovery. **602-508-8024**

https://www.biaaz.org/

Chandler Gilbert ARC

Teaching and support to individuals with intellectual and developmental disabilities **480-892-9422**

cgarc.org

ACCEL Adult Services

Adult programs provide lifelong education and vocational training for individuals over the age of 18 with developmental disabilities

602-997-2331

accel.org

Civitan Foundation

Respite, habilitation, attendant care, day treatment for adults, home and community-based services, group supported employment and recreational events Transportation is offered to and from services.

602-953-2944

civitanfoundationaz.com

Cornerstone Healthcare Inc.

In home service provider

1-800-743-8013

cornerstonehealthcareaz.com/

DES-Developmental Disabilities

Support and services for eligible people who have autism, cerebral palsy, epilepsy, cognitive/intellectual disability

1-844-770-9500

https://des.az.gov/services/disabilities/developmental-disabilities

Foundation for Blind Children

Education, tools and services to those with vision loss

602-331-1470 | 602-678-5800

seeitourway.org

Gilbert Adaptive Recreation Program

Programs and activities for 14+ with adaptive recreation needs

480-503-6270

gilbertaz.gov/departments/parks-andrecreation/recreation-centers-classes/gilbertcommunity-center/adaptive-recreation



Functional/Special Needs

Marc Community Resources Inc.

Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges

480-969-3800

https://www.mightycause.com/organization/Marccr

Smiles for Special Needs

Respite, habilitation and attendant care **480-361-1972**

https://smilesforspecialneeds.com/

Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

602-340-8717

autismcenter.org

Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more 602-266-5976

swhd.org

Valley Center of the Deaf

Provide services to help live independently **602-267-9121 | TTY 602-267-9122**

vcdaz.org

Grief & Loss

GriefShare

Support for grief journey after loss of a loved one **480-600-8352**

https://www.griefshare.org/

Hospice of the Valley

For adults or teens who have suffered a loss **602-530-6900**

hov.org/grief-support-groups

MISS Foundation

For those who have lost a child **1-602-279-6477**

https://missfoundation.org/

Mesothelioma Grief Counseling

Cancer caused by inhaled asbestos fibers.

https://www.asbestos.net/mesothelioma/

New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one **480-951-8985**

hov.org/welcome-new-song-center-grievingchildren

Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one **602-264-7520**

steppingstonesofhope.org

Health-Dental Services: Low/No Cost

Adalante Healthcare, Inc.

Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.

877-809-5092

adelantehealthcare.com

Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs

602-417-7100 | 1-800-334-5283

https://www.azahcccs.gov/

Carrington College Dental Clinic

Offering free dental care to children ages 12-17 conducted by supervised students in the college program, including X-rays, cleaning and polishing 480-717-3510

https://carrington.edu/mesa-dental-hygiene/



Health-Dental Services: Low/No Cost

Chandler Care Center

Provides free medical, dental, counseling and social services for children and families

480-812-7900

https://www.cusd80.com/page/1002

Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Mommy Fit Classes, Keeping Kids Safe programs, Healthier Living Self-Management

Children's Dental 480-728-5790 Hearing & Vision 480-728-5602

Immunization Clinic 480-728-2004 (children) 480-728-3777(adults)

Workshops 480-728-2376

<u>dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach</u>

Dignity Health-Chandler Regional

Diabetes self-management classes, children's and adult immunization clinics, children's hearing and vision screenings, oral health education and services, safety education and prenatal classes, 480-728-3000

dignityhealth.org/chandlerregional

Desert Mission Medical Services Adult day healthcare senior enrichment programs

602-807-6374

<u>desertmission.com/programs/community-healthcare/</u>

Medical Loan Closets

Durable medical equipment (canes, walkers, wheelchairs, etc.)

Ability 360 602-296-0536 AZPVA 602-244-9168 Catholic Charities 602-997-6105 St. Vincent de Paul 602-261-6896

Mission of Mercy-MOM

Free medical care and prescription medications **480-758-8343**

momaz.org

Hospitals: Medical

Banner Desert Medical Center 480-412-3000

<u>bannerhealth.com/locations/mesa/banner-</u> desert-medical-center

Banner Gateway Medical Center 480-543-2000 | 855-256-6444

<u>bannerhealth.com/locations/gilbert/bannergateway-medical-center</u>

Banner Heart Hospital

480-854-5000

<u>www.bannerhealth.com/locations/mesa/bannerheart-hospital</u>

Cardon Children's Medical Center

480-412-5437

<u>bannerhealth.com/locations/mesa/cardon-children-s-medical-center</u>

Chandler Regional Medical Center 480-728-3000

dignityhealth.org/chandlerregional

Mercy Gilbert Medical Center 480-728-8000

dignityhealth.org/mercygilbert/

Phoenix Children's Hospital 602-933-1000

phoenixchildrens.org

Phoenix ER Medical Hospital (Chandler)

480-284-5867

phoenixERhospital.com



Hospitals: Psychiatric

Aurora Psychiatric

877-870-7012

https://www.auroraarizona.com/

Banner Behavioral Health

480-448-7500

<u>bannerhealth.com/locations/scottsdale/banner-</u> behavioral-health-hospital

Community Bridges Inc.

480-962-7711 or 877-931-9142

communitybridgesaz.org/

Copper Springs East

480-667-5500

https://coppersprings.com/locations/gilbert-az/

Oasis Behavioral Health Hospital 480-917-9301

obhhospital.com

Resilient Health

480-550-3193

resilienthealthaz.org

Phoenix Children's Hospital (up to age 12)

602-933-1000 | 1-888-908-5437

http://www.phoenixchildrens.org/

Quail Run Behavioral Health (8-11/adults) 602-455-5700

quailrunbehavioral.com

St. Luke's Behavioral

602-251-8535 | 1-800-821-4193

https://www.stlukesbehavioralhealth.org/

Urgent Psychiatric Care (UPC)

602-416-7600

connectionsarizona.com

Housing & Rent Assistance

Ability 360

Home modification program assisting people with disabilities

602-256-2245

Ability360.org

Affordable Rental Movement of Save the Family

Transitional housing and supportive services for homeless families with children; rent assistance **480-898-0228**

savethefamily.org

Arizona Housing, INC.

Provides quality affordable housing coupled with comprehensive supportive services

602-228-7832

https://www.azhousinginc.org/

Gilbert Community Action

Program (CAP)

Rent & Utility assistance

480-892-5331

Azcend.org/community-action-program/

Habitat for Humanity

Builds and improves homes for individuals & families

602-268-9022

habitatcaz.org

Homes for Single Moms

Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance

homesforsinglemoms.org/

Home Safety Evaluations

Town of Gilbert Fire and Rescue

480-503-6300

gilbertaz.gov/departments/fire-and-rescue



Housing & Rent Assistance

Rebuilding Together

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities

480-774-0237

rtvos.org/

Salvation Army - Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041

<u>arizona.salvationarmy.org/arizona/chandler_corp</u> <u>s_community_center_page</u>

Town of Gilbert - Emergency Home Repair Program

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.

480-503-6277

gilbertaz.gov/residents/community-andneighborhood-services/communityresources/emergency-minor-home-repairprogram

Other Resource Guides:

www.publicservicedegrees.org/publicassistance/affordable-housing-help

Immigration Services

MP legal services LLC

Prepares legal documents

602-715-3329

https://www.mplegalservicesaz.com/

Sanchez Immigration

Practices federal immigration and nationality law **480-275-2407**

https://topratedimmigration.com/

The Widow's Mite

Assists African refugees facebook.com/widowsmiteaz/

Translation AZ

Professional translation services for all languages **1-800-620-4789**

translationaz.com/translation-services/

Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline 602-279-2900 | 800-782-6400 TTD/TTY 602.279.7270

acesdv.org

Community Legal Services

Legal services to lower income eligible residents experiencing legal problems

480-833-1442 (EV) | 602-258-3434 (Phxz0 TTY 602-254-9852

clsaz.org

Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify

602-506-7948

azlawhelp.org

State Bar of Arizona

Resources on finding a lawyer, legal help and education

602-252-4804

azbar.org

VITA-Volunteer Income Tax Assistance

Taxes prepared for free

480-969-8601

https://www.mesaunitedway.org/volunteer-income-tax-assistance/



Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

1 N 10

Provide support groups & social programs for youth 14-24

602-279-0894

onenten.org/

GLSEN

Community connections & crisis assistance **602-705-9780**

https://www.glsen.org/

Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment **480-748-6681**

phoenixgaychamber.com

Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix

Provides support to those on the journey

602-843-1404

pflagphoenix.org

Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

phoenixpride.org

Teen Lifeline

24 hr service with trained peer counselors **602-248-8336**

teenlifeline.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

thetrevorproject.org

Mental/Behavioral Health

AZ Teen Crisis Solutions

623-879-9600 | Crisis Text 741741

Community Bridges

Crisis stabilization services and emergency interventions

877-931-9142

communitybridgesaz.org/

EMPACT

Mobile crisis support, case management and trauma healing program

1-800-273-8255

https://suicidepreventionlifeline.org/

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/police

IMHR Epicenter Phx (ages 15-35)

Therapy, education, support and medicine management

602-321-5738

Jewish Family & Children Services

Counseling & behavioral health services, substance abuse counseling and recovery 480 820-0825 | 602-279-7655

jfcsaz.org

Mercy Maricopa Integrated Care

Connect to behavioral health, substance use and crisis care services

602-222-9444 | 1-800-631-1314

TYY/TDD 1-800-327-9254

mercymaricopa.org

NAMI Valley of the Sun office

Advocates for access to services, treatment and education programs

602-244-8166

namivalleyofthesun.org



Mental/Behavioral Health

Redemption Psychiatry & Counseling

Outpatient group to provide mental health treatment to children, teens and adults in the East Valley

480 471-8560

redemptionpsychiatry.com

San Tan Behavioral Health

Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs

480-507-3644

santanbhs.com

Southwest Behavioral & Health Services

Providing integrated behavioral & health services to children, adolescents and adults

480-820-5422 | 602-265-8338

sbhservices.org

Military/Veterans

American Red Cross

Supports military families during deployments and emergencies

602-336-6660

<u>redcross.org/what-we-do/support-military-families</u> or www.redcross.org/find-help

CRISIS Line

Connect with a qualified responder 480-784-1500 480-784-1514 Veterans Crisis Line

602-277-5551 Phx VA Health Care

veteranscrisisline.net

Military/Veterans Crisis Line

Free VA support for all service members 800-273-8255 press 1

veteranscrisisline.net/activeduty.aspx

Military OneSource

Assistance in preparing for deployment, homecoming and reintegration

800-342-9647

militaryonesource.mil/deployment/military-andfamily-support-programs

Military.com

Guard and reserve family resources for deployment, benefits and support available military.com/spouse/military-life/military-resources/family-support-services.html

Operation Welcome Home

Assist in coordinating deployment and welcome home ceremonies. Nominate a veteran.

https://www.gilbertaz.gov/residents/town-programs/operation-welcome-home

Project Sanctuary

Supports military families and assists with reintegration

720-561-9193

projectsanctuary.us/

Rally Point Arizona

Veterans helping veterans and their families with suicide prevention

480-784-1514 | 1-855-725-5948

rallypointaz.org

Veteran's Affairs Health Clinic-Gilbert

Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology. **480-397-2800**

phoenix.va.gov/locations/southeast.asp

Veterans Hospital

Health care services, dental, nutrition, and mental health services

602-277-5551

https://www.phoenix.va.gov/



Pregnancy

Choices Pregnancy Center

Free consultations, ultrasounds, pregnancy tests and pregnancy information

480-733-2740

choicesaz.org

Hope Women's Center

Safe haven for at-risk women and girls **480-983-4673** (AJ) | **602-715-0999** (Phx)

hopewomenscenter.org

Maggie's Place

House of hospitality for pregnant and parenting women in need

602-262-5555

maggiesplace.org

Pregnancy Care Center of Gilbert

Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.

480-374-2994

http://pccchandler.com/

Recovery Centers

A Better Today Recovery Services

Resources to help find substance abuse treatment.

1-888-906-0952

https://abtrs.com/

Buena Vista Health and Recovery

Medically managed residential and inpatient Arizona addiction treatment campus specializing in drug rehab and alcohol rehab

1-800-922-0095

https://buenavistarecovery.com/

Community Bridges, Inc.

Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours.

(877) 931-9142

https://communitybridgesaz.org/

Pathway Program

Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.

1(877)-921-4050

https://thepathwayprogram.com/

Renaissance Recovery Center

To help the addicted and afflicted heal through evidence and faith-based solutions.

480-526-7738

https://www.renaissancerecoverycenter.com/

Seniors

About Care, Inc.

Transportation, respite care, minor repairs 480-802-2331

aboutcare.org

Alzheimer's Association

Education and support to caregivers, patients, and families

602-528-0545

alz.org/dsw?set=1

Area Agency on Aging

Advocate for older adults and senior help line. 602-264-2255 | TTY/TDD 602-241-6110

www.aaaphx.org

Arizona Assisted Living Facilities & Senior Care

Senior placement organization to help families find safe care options

866-560-5656

carepatrol.com

Ability360

Removal of architectural barriers in the homes of residents with disabilities.

480-655-9750

ability360.org/

Aster Aging

In home support, referral & care information 480-964-9014

https://www.asteraz.org/



Seniors

Chandler Senior Center

Recreational, social and support services including an on-site hot lunch program **480-782-2720**

<u>chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center</u>

East Valley Dial-a-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-253-5000

valleymetro.org/dial-ride

Gilbert Community Center-Home of Senior Center

On-site daily lunch program, classes, activities and health presentations.

480-503-6061

gilbertaz.gov/departments/parks-andrecreation/recreation-centers-classes/gilbertcommunity-center/seniors

Home Safety Evaluations

Town of Gilbert Fire and Rescue 480-503-6300

gilbertaz.gov/departments/fire-and-rescue

Meals - Home Delivered

Hot meal is delivered to homes Monday-Friday **602-264-4357**

<u>aaaphx.org/program-services/home-delivered-meals/</u>

Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc. 602-264-4357

aaaphx.org

Shelters: Homeless

Centralized Screening for Homeless Individuals and Families

 Singles
 602-759-5356

 Families
 602-595-8700

 Domestic Violence
 480-890-3039

 Youth
 602-271-9904

 Veterans & Veteran Families
 602-248-6040

Child Crisis Center (ages 0-11)

Provides emergency shelter to children

480-834-9424

childcrisisaz.org/

Interfaith Homeless Emergency Lodging Program (I-HELP)-Chandler

Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.

480-963-1423x112

http://azcend.org/i-help/

Maggie's Place

House of hospitality for pregnant and parenting women in need

602-246-3724

maggiesplace.org

Special Needs

See "Functional Needs" on p. 12"

Suicide

9-1-1

American Foundation for Suicide prevention

Provides resources and aid to those affected 1-888-333-2377
Crisis text line TALK to 741741
Local chapter 480-262-1746

afsp.org



Suicide

AZ Teen Crisis Solutions

623-879-9600 (24 hr)

Crisis Response Network (CRN)

24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.

602-222-9444

crisisnetwork.org

EMPACT Suicide Prevention Hotline

480-784-1500|1-800-273-8255

empact-spc.com

The Jason Foundation

School based curriculum, online staff development programs and parent seminars **1-888-881-2323**

jasonfoundation.com

Mercy Maricopa Integrated Care

Crisis intervention, support and referrals available 24 hrs a day

602-222-9444

mercymaricopa.org/members/resources/crisis

National Suicide Prevention Hotline

1-800-273-8255

suicidepreventionlifeline.org

Teen Lifeline

Suicide counseling with trained peer counselors **602-248-8336**

teenlifelineTeen.org

Trevor Project

Crisis intervention and suicide prevention for LGBTO youth

866-488-7386

thetrevorproject.org

Veteran's Administration,

Veteran's Crisis

Free VA support for all service members **1-800-273-8255** | **480-353-0293**

phoenix.va.gov

Support Groups

Al Anon/Alateen

Support for family members and teens who are worried about someone with a drinking problem **602-249-1257 | 480-969-6144**

https://al-anon.org/

Alcoholics Anonymous

Meetings for those who have had a drinking problem

602-264-1341

aaphoenix.org | http://aamesaaz.org/

Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.

1-800-272-3900

alz.org

Autism Speaks

Resources for programs and services **480-231-4214 | 1-888-288-4762**

https://www.autismspeaks.org/

Hidden Heroes- Military Caregivers

Support for those caring for an injured service member

202-249-7172

https://hiddenheroes.org/

NAMI-National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness

480-994-4407

namiarizona.org/

Teen Addiction Anonymous

Created for teens 15-18 by teens to reflect on life issues, work on behavior and find peer support.

teenaddictionanonymous.com



Transportation

About Care

Transportation to medical, groceries and/or social appointments

480-802-2331

aboutcare.org

Aster Aging

In home support, referral & care information 480-964-9014

https://www.asteraz.org/

ComTrans

Specialized community behavioral health and social service transportation for adults and children to medical or counseling appointments **602-231-0102**

gocomtrans.com

East Valley Dial-A-Ride

ADA transportation for those unable to use the local bus service due to a disability **480-633-0101**

valleymetro.org/dial-ride

Ride Choice

Alternative transportation options for seniors (65 and older) and adults with disabilities **480-962-7433**

https://www.valleymetro.org/ridechoice

Valley Metro

Bus and rail information 480-921-3071 | 602-253-5000 valleymetro.org

Restoration Rides Ministry

Help financially distressed families with safe and reliable transportation.

480-600-0358 | 602-400-9995

http://restorationridesministry.org/

Utility Assistance

Gilbert Community Action Program (CAP)

Emergency financial and utility assistance **480-892-5331**

azcend.org/community-action-program

Salvation Army - Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041 | 480-786-4093

https://chandler.salvationarmy.org/chandler_corps/

Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

Qualified individuals can receive a 30% reduction in monthly basic service charge and a "per therm" rate discount

877-860-6020

myaccount.swgas.com/content/lira

St. Anne-Friends of the Needy

Utility bill assistance for basic needs like water, gas, and electricity.

480-507-4400

<u>stanneaz.org/connect/ministries/outreach/friends-of-the-needy</u>

SRP Economy Price Plan

Receive a monthly discount if qualified **602-236-8888**

srpnet.com/prices/economy.aspx

Veterans

See "Military" on p. 17



Volunteer Opportunities

Gilbert Gives (Chamber for Good) chamberforgood.com/gilbert

Just Serve justserve.org

Town of Gilbert gilbertaz.gov/residents/volunteer

VolunteerMatch volunteermatch.org

Miscellaneous

Abandoned Ride-Share Bikes

LimeBike (Green and Yellow Bikes) 888-546-3345

support@limebike.com

Spin (Orange Bikes) 888-262-5189(instant messaging available) www.spin.pm

OFO (Yellow Bikes)

support@ofobike.com

Abandoned Shopping Cart

Arizona Food Marketing Alliance

1-800-THE-CART or 1-800-843-2278

http://afmaaz.org/report-a-stray-cart—arizona-cart-services.html

Bees

For bees on private property, contact a bee removal service.

If the bees are actively attacking, Call 9-1-1.

Community Information & Referral (2-1-1)

211

cir.org

Home Safety Evaluations

Town of Gilbert Fire and Rescue **480-503-6300**

gilbertaz.gov/departments/fire-and-rescue

Maricopa Government Directory www.maricopa.gov/

Mosquitos

Information on how to control mosquitos and entities to contact for assistance gilbertaz.gov/departments/public-works/wastewater/mosquito-control

Phoenix Community ToolBank

Lends organizations tools for use in volunteer and community benefit projects

602-438-4005

phoenix.toolbank.org

Poison Control

800-222-1222

azpoison.com/

Senior Guidance

Assisted living resources and other guides

- seniorguidance.org/assisted-living/arizona/
- www.toprehabs.com/alzheimers-dementia
- https://www.memorycarefacilities.net/assisted-living/arizona/gilbert.html

Silent Witness

480-948-6377

silentwitness.org/

Stray/Feral Cats

Maricopa County Animal Control

602-506-7387

https://www.maricopa.gov/3560/Animal-Careand-Control

Roof Rats

Maricopa County Vector Control Office & Lab 602-506-0700

https://agriculture.az.gov/pestspestcontrol/household-pests/roof-rats